

FOCUS ON THEORY: COGNITIVE BEHAVIORAL PLAY THERAPY



SPEAKER :
BRANDY ROGERS

MS, LPC, RPT-S, CPCS

- Describe 3 core principles of Cognitive Behavioral Theory.
- Identify at 3 key theoretical concepts and techniques used in CBPT.
- Explain use of toys and the role of the therapist, child, and parent in sessions and the theoretical underpinnings.
- Discuss considerations for cultural sensitivity & diversity considerations.
- Design 3 play therapy goals & interventions used in clinical documentation with theoretical language.
- Demonstrate effective use of play interventions applying Cognitive Behavioral Theory.

LEARNING OBJECTIVES

9 AM THURSDAY, APRIL 11TH 2024 4:30 PM

This session meets the

APT

definition for
6 Contact or
Live Webinar CE's

LOCATION

1818 Club
6500 Sugarloaf Pkwy,
Duluth, GA

FOR MORE
INFORMATION

BRANDY

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Core hours approved for GA counselors: LPCA CE Approval #202310-10-688S

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This workshop focus on the application of Cognitive Behavioral Theory within play therapy. It is designed for play therapists in agency, private practice, and school settings. We will cover the rationale, philosophy, history and theoretical concepts specific to Cognitive Behavioral Theory and it's application in a play therapy. Participants will be introduced to theoretical language and discuss how to apply it within clinical documentation.

SCHEDULE

8:45am - Doors open

9am-9:15am - Check in & Housekeeping

9:15-am-10:45am - CBT principles, key concepts and techniques

10:45am-11:00am - Break

11:00am-12:30pm - Toys and roles of session participants

12:30pm-1:15pm - Lunch and networking

1:15pm-2:45pm - Cultural & diversity considerations; clinical documentation

2:45pm-3:00pm - Break

3:00pm-4:30 - Clinical documentation; Clinical demonstrations and application

FOR DETAILS
AND
CANCELLATION
/REFUND
POLICY



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